



NATIONAL SKILLS DAYS - 20th May 2020



Community

Resilience

Integrity

Respect

Excellence



We are excited to invite students, parents/carers and staff to take part in the launch of National Skills Days on 20th May. It's going to be great fun, whilst building confidence and an important connection for everyone at this time. What a great chance for everyone to show they have a skill or skills.

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What Skills Can I Show?

Creative

Sporting

(any sporting skills)



(writing , arts, drama & dance, music)

Languages and Creative writing (show us your poetry/ spoken word /creative writing skills , are you good at languages?)

Art (incl. digital) show us your art skills

Drama & Dance (show us your acting and/or dance skills)

Music and Film (show us your musical and film making skills - what can you play , what films do you make?)



(knowing, making, demonstrating)

Tell us what you know (includes all STEM subjects - crazy formulas,etc.)

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Show us a technical skill you have (could include gaming skills, building, coding, repairing)



You may have Skills that are not listed above - like juggling, magic tricks, doing puzzles... if you think it's a skill, share it!

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What Do I Need To Do Next?

- Think of all those skills in the different categories that you have and want to showcase.
- Remember it's open to all students as well as parents/carers
- Complete the Skills Form shown on the next page which will be emailed to you this week.
- Send the form back by email to <u>careers@worthinghigh.net</u>
- Forms to be received at latest by Friday 5th June
- You can also send a 20 second video of your skill as well as we would love to see them
- We will send out all the skills received to Parents/Carers/Students the week ending 12th June
- Please be aware that they will also be shared on Social Media.

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Some WHS Staff have completed their forms already, so please take a look at the next few pages and see just how talented they are!!



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NAME	LAUNCHING 20.05.20
CREATIVE (writing, arts, drama, dance & music)	I
SPORTING (any sporting skills)	
TECH (any technical skill: Gaming, building, repairing etc.)	
OTHER (juggling, magic tricks, puzzles etc.)	
	DO YOU HAVE A VIDEO TO SHOW US?
Respect	Excellence

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WHAT SKILLS DO YOU POSSESS?

- CREATIVE
 I completed a creative writing course

 (writing, arts, drama, dance &
 as part of my DoE Award.
- SPORTING (any sporting skills)
 I've run 6 marathons. I have competed for Sussex and the South-East at running. I also have a Sussex schools

TECH

(any technical skill: Gaming, building, repairing etc.)

music)



(juggling, magic tricks, puzzles etc.)

I can read through a piece of paper held back to front and upside down. I can juggle. I have my Gold DoE Award.

I'm always fixing things my kids break.

DO YOU HAVE A VIDEO TO SHOW US?

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NAME

Katerina Evans-Makrakis

WHAT SKILLS DO YOU POSSESS?

CREATIVE (writing, arts, drama, dance & music)	Getting creative & crafty with my young family. Drawing/painting when I get the chance. The flute is safe away in the Attic.
SPORTING (any sporting skills)	I love to play basketball, although my county representing days are over! Audio-shield (VR) to my music. My bike is GREAT!
TECH	Fixing/mending speaks to my

TECH

(any technical skill: Gaming, building, repairing etc.)

OTHER

(juggling, magic tricks, puzzles etc.)

...jigsaw puzzling; practising & swapping during lockdown. Being green fingered in the garden. Building den's with my girls..

problem solving (Architect's) skills.

Sewing/knitting projects are relaxing.

DO YOU HAVE A VIDEO TO SHOW US?

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NAME

Mrs Hayler - Business Manager

WHAT SKILLS DO YOU POSSESS?

(writing, arts, drama, dance &

music)

I've been in amateur dramatics performances. I can play the piano. I love craft and enjoy sewing.

SPORTING
(any sporting
skills)I used to play hockey for a local team(any sporting
skills)- it's my favorite sport.



(any technical skill: Gaming, building, repairing etc.)



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(juggling, magic tricks, puzzles etc.) I can bake cakes and I'm pretty good at bread making having practiced during lock-down!

I can re-wire a plug and complete

basic servicing on my car.







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(writing, arts, drama, dance & music) Sporting Sporting (any sporting skills) Sailing, aerobics, cycling Itech Problem solving, decorating, repair, IT skills - Twitter, Publisher (any technical skill; Gaming, building, repairing etc.) First aider Itech First aider

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Miss Baron

WHAT SKILLS DO YOU POSSESS?

(writing, arts, drama, dance & music)

Play the violin, piano and sing. Extra, teach tapes and voiceover work for tv, film, radio and corporate work.

From a non-runner to completing 5k

The maker of all flat-pack furniture in my family- I have my own drill and

toolbox to prove it!

SPORTING

(any sporting skills) three times a week. One positive to come from lockdown!



(any technical skill: Gaming, building, repairing etc.)

OTHER

(juggling, magic tricks, puzzles etc.) I make amazing Cornish pasties...would be a crime coming from Cornwall if I couldnt!

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Ms Brown

WHAT SKILLS DO YOU POSSESS?

CREATIVE
(writing, arts,
drama, dance &
music)Garden Design - I have designed my
garden from scratch, planting 7 trees
on my own, digging out beds &SPORTINGHorse riding - I've done so much this

Horse riding - I've done so much this last year, but I love the thrill of a cross country course & the

I am the go to printer problem person in our house.

OTHER

Resilience

(any sporting skills)

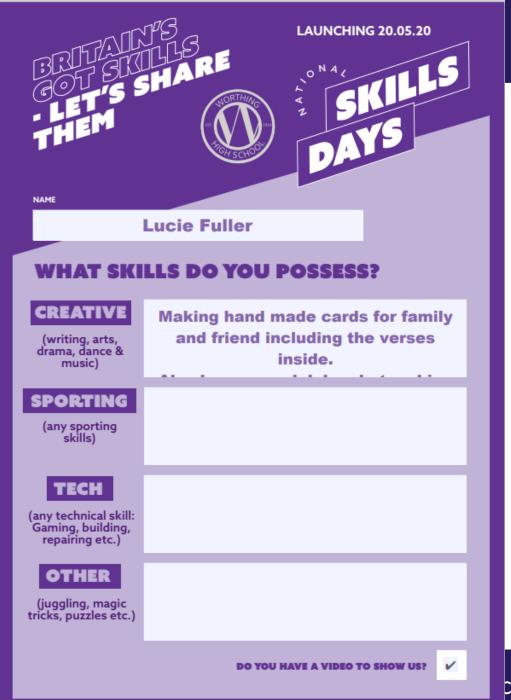
TECH

(any technical skill: Gaming, building, repairing etc.)

(juggling, magic tricks, puzzles etc.)

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Miss Hoad

WHAT SKILLS DO YOU POSSESS?

(writing, arts, drama, dance &

music)

I love creative writing and join in with Write Day Friday. I also like to sing and have been in several choirs

SPORTING

(any sporting skills) Not my strength but I completed Couch25K and did the Goodwood 10K run last year

TECH

(any technical skill: Gaming, building, repairing etc.) I am a whizz with a glue gun and making crafty things. I am also a big fan of Nintendo's Animal Crossing

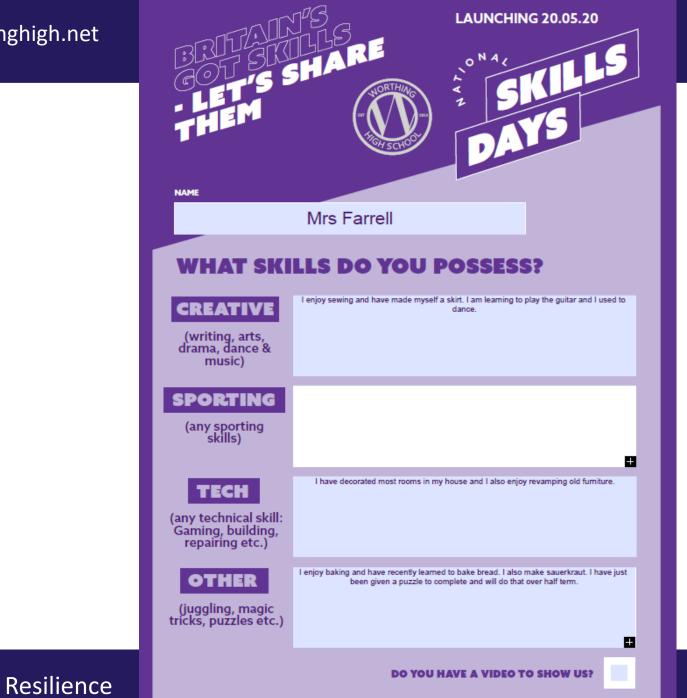
OTHER

(juggling, magic tricks, puzzles etc.)

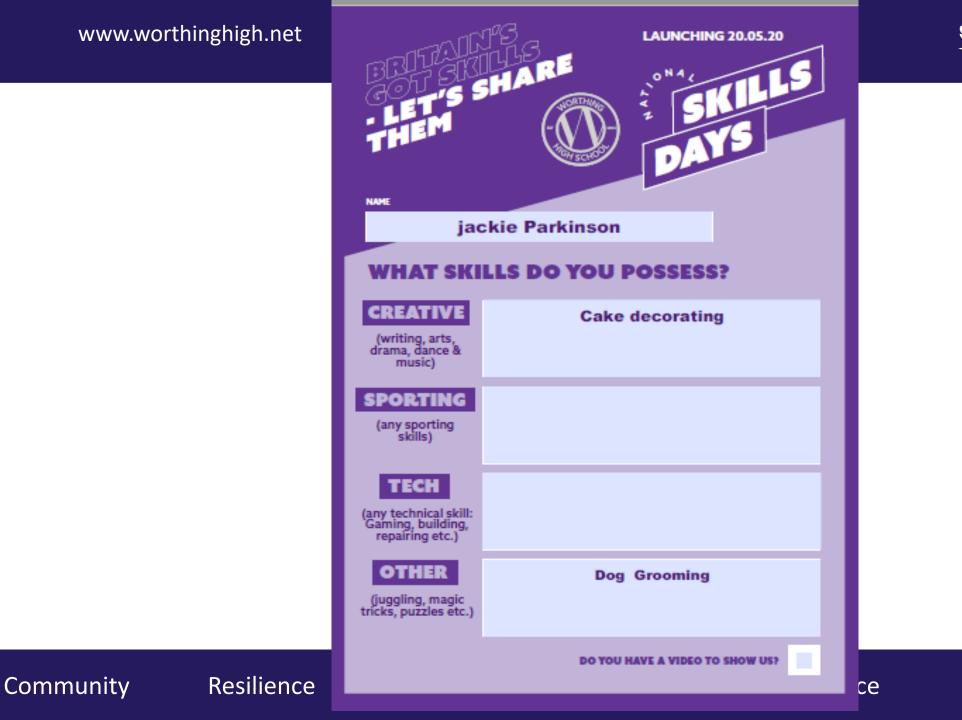
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I like film editing and making short stop motion animations with my son. We just made a goodbye video for his teacher.

DO YOU HAVE A VIDEO TO SHOW US?



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Mr M Beda- Progress leader

WHAT SKILLS DO YOU POSSESS?

CREATIVE (writing, arts, drama, dance &

music)

SPORTING

(any sporting skills)

TECH

(any technical skill: Gaming, building, repairing etc.)

I speak few languages and I like deciphering words I don't understand.

I love running and completed three marathons. Keen diver too and dived in some amazing places.

> I enjoy DIY and can be handy at home!

OTHER

and I like particularly cooking for family (juggling, magic tricks, puzzles etc.)

and friends. I love wine tasting too!!

Cooking is a one of my favorite hobbies

DO YOU HAVE A VIDEO TO SHOW US?

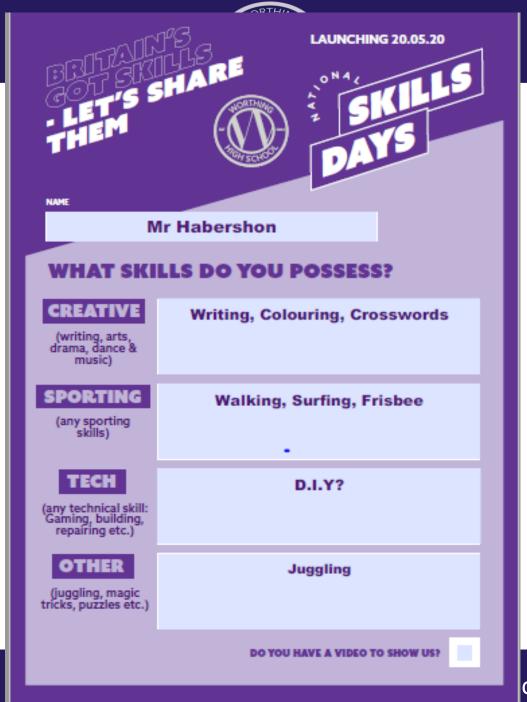


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NAME

Mrs Batchelor - Head of Drama

WHAT SKILLS DO YOU POSSESS?

CREATIVE (writing, arts, drama, dance &

music)

SPORTING

(any sporting skills)

TECH

(any technical skill: Gaming, building, repairing etc.)

I danced (tap, modern and jazz) up until 16. Performed with amateur dramatics groups.

I used to play football at university and organised the netball team.

Im a flat pack furniture wizard but thats about it.

Organising a school show you'll become

OTHER (juggling, magic tricks, puzzles etc.)

director, lighting, costumes, make set, promotions, deal with budgets, logistics this is all one magic trick.

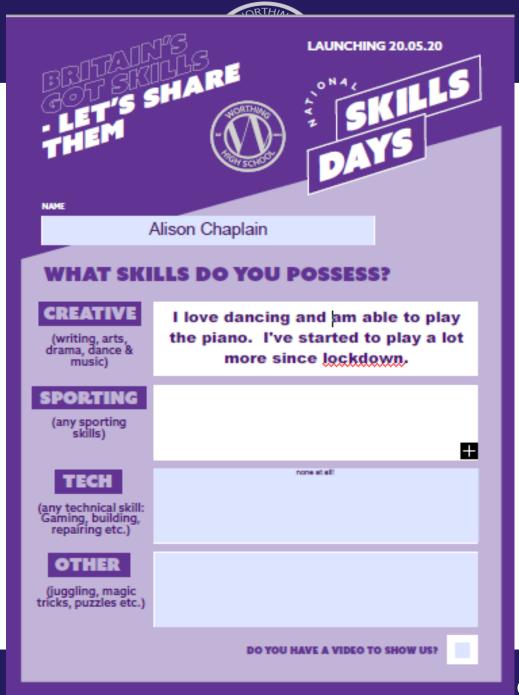
DO YOU HAVE A VIDEO TO SHOW US?



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Miss Field - Leader of PE

WHAT SKILLS DO YOU POSSESS?

CREATIVE

(writing, arts, drama, dance & music) I love art and music. I enjoy painting and drawing. I play several instruments including the keyboard IIII and the violin K not very well!

I have played Football for Oxford United Ladies position right wingback () I have played Hockey $\sqrt{2}$ for different teams. I enjoy running 3, and have ran

the London marathon for charity.

SPORTING

(any sporting skills)

TECH

(any technical skill: Gaming, building, repairing etc.)

OTHER

(juggling, magic tricks, puzzles etc.)

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I can do most basic DIY skills in the garden, house or on the car 😀

I love to bake - mainly cakes in with chocolate in! If you have been to Netball training you might have sampled some

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Mrs. Mitchell

WHAT SKILLS DO YOU POSSESS?

CREATIVE (writing, arts, drama, dance &

music)

NAME

I'm a great writer and considered a career in this field before teaching.

I represented my home county of

Devon in hockey.

SPORTING

(any sporting skills)

TECH

(any technical skill: Gaming, building, repairing etc.)

OTHER

(juggling, magic tricks, puzzles etc.)

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I'm a bit of a secret gaming nerd, and am excellent with Lego.

I taught myself to juggle after seeing a visitor to my primary school do it!

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Hopefully that's inspired you? Thanks for taking part and we look forward to seeing your skill or skills!!

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