

# SCHOOL NEWS 08 JANUARY 2026



## DATES FOR YOUR DIARY

MFL Mocks	13/01/2026 –
28/01/2026	
Subject Review Evening (Year 7)	22/01/2026
Early Finish – 13:30pm (All School)	22/01/2026
Year 11 Mocks	03/02/2026 – 14/02/2026
February Half Term	16/02/2026 – 20/02/2026
Subject Review Evening (Year 9)	26/02/2026
Early Finish – 13:30pm (All School)	26/02/2026

## INSET Days for Academic Year 2025 - 26

**The school will be closed to students on these days:**

Friday, 19 June 2026

Wednesday, 22 July 2026

Dear Parents and Carers,

Happy New Year and welcome back to the Spring term. I hope you and your family have enjoyed a restful break and your child has enjoyed a good start to the new term. I have welcomed students back this week in their assemblies and have emphasised a few key messages including the importance of excellent attendance and positive routines. You will know that attendance is a school and national priority and something we work hard to improve on a daily basis. It is important we work together on this and ensure we are doing everything we can to support improvement. Please do not wait, and contact us straight away, if you have concerns about anything that might lead to attendance issues. You can do this by contacting your child's tutor or pastoral leader. A list of all of our pastoral leaders can be found below.

With regards to routines, we want to support students to establish these as early as possible. Research shows that little and often is the best way to secure learning and support memory and understanding. This is the same message we give from Year 7 all the way up to year 11, although this will look different in each year group. Early next week you will receive further information on this for each year group in the school. Here we will also share the curriculum overview for each year group for Spring term 2.

Finally, the parent/carer forum group will be meeting again at the end of this half term and I am still keen to add more members, particularly from parents and carers in the older years. If this is something you are interested in, please contact [office@worthinghigh.net](mailto:office@worthinghigh.net). You can also get involved by joining our Friends of Worthing High group, please email [fowhs@worthinghigh.net](mailto:fowhs@worthinghigh.net) for more information.

## **Pastoral Leaders**

Year 7 – Miss Dormer ([gdormer@worthinghigh.net](mailto:gdormer@worthinghigh.net))

Year 8 – Mrs Gordon ([tgordon@worthinghigh.net](mailto:tgordon@worthinghigh.net))

Year 9 – Mr Facey ([jfacey@worthinghigh.net](mailto:jfacey@worthinghigh.net))

Year 10 – Ms Williams ([vwilliams@worthinghigh.net](mailto:vwilliams@worthinghigh.net))

Year 11 – Mrs Rhodes ([jrhodes@worthinghigh.net](mailto:jrhodes@worthinghigh.net))

Adrian Cook  
Headteacher

### **PSHE**

As part of your child's Personal Development, they cover Health and Wellbeing, Relationship and Sex Education (RSE) and Living in the Wider World within their PSHE lessons. This half term, students across the school will be covering the below topics:

Year 7	Year 8	Year 9	Year 10	Year 11
Anxiety, worry and depression	Effects and withdrawal from drugs	Healthy diet and eating disorders	Public Sexual Harassment	Drugs and the law
Emotional literacy and self-awareness	Drugs and the law	Prevent Assembly from Small Steps	Deep fakes and sextortion	Consent

If you have any questions about what is covered in PSHE lessons, please contact your child's Pastoral Leader. This website also gives information about how to have challenging conversations with young people: <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>

### **Go All In for the National Year of Reading!**

The government have designated 2026 the National Year of Reading, inviting us to “go all in” on exploring the things we love through reading, whether that's non-fiction about hobbies and interests, or stories we enjoy. We have lots of plans for activities and events for our students to take part in, but we want to get our whole school community, including parents, carers and families, involved in a monthly themed reading challenge.

Our January theme is *New Adventures*, and you can read any book that fits the theme for you; or, if you are the kind of reader who likes a list, we have three recommended titles for readers of different ages. The links will take you to the West Sussex Libraries catalogue to find out more – it's a great time to join the public library if you aren't already a member!

Adults – [You Are Here](#) by David Nicholls

Ages 9+ - Percy Jackson and the Lightning Thief by Rick Riordan (available in the school library)

Under 9s – [Meet the Mubbles](#) by Liz Pichon

We'd love to know if you are taking part and what your family is reading for the challenge, get in touch at [library@worthinghigh.net](mailto:library@worthinghigh.net).

### **Year 9 parents: The Tempest Workshops in school**

On Monday 26 and Tuesday 27 January, West End in Schools will be coming to Worthing High to kick-start year 9's study of Shakespeare's *The Tempest*. Students will attend a one-

hour interactive workshop where they will explore *The Tempest* from an actor's perspective and learn to use techniques that an actor would use in a rehearsal room today. The cost of this workshop is £5.80 per child, which can be paid on WisePay by the 8th January 2026. Although payment is voluntary the event may not be able to take place without sufficient funding. Full details are on WisePay.

### **Scholastic Book Fair – 23 to 30 January 2026**

After a very successful Fair in 2024, we are excited to announce that the Book Fair will be returning to Worthing High at the end of January. There will be a wide range of titles available, from classics to current bestsellers, with prices starting from just £2.99, so save a bit of Christmas money for a new book – or three!

### **FOWHS**

#### **Follow Us**

Make sure you're following us on Instagram for all the latest information:

[@friendsofworthingschool](https://www.instagram.com/friendsofworthingschool)

### **★ SPONSORS WANTED ★**

We are looking for amazing sponsors to support our fundraising events throughout the year!

If you or your business would like to sponsor us — or know someone who might — please send us a message – [fowhs@worthingschool.net](mailto:fowhs@worthingschool.net) A member of FOWHS will be in touch with more details.

Your support makes a real difference. Thank you! 💜

### **Easyfundraising**

We're now registered with easyfundraising, which means you can help us for FREE. Over 8,000 retailers will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself! All you need to do is sign up and remember to use easyfundraising whenever you shop online. It's easy and completely FREE! These donations really mount up, so please sign up to support us at: [Easyfundraising](https://www.easyfundraising.com)

### **Preloved uniform Donations**

FOWHS are gathering good stock levels and will be holding a pre-loved sale soon (this will be advertised on our social media and through the newsletter). We are continuing to ask for good condition uniform (especially girls' uniform). If your child has already grown out of their uniform and you are able to donate this back to the school, please drop these items into the main reception.

All proceeds from our pre-loved sales are used to further enhance our school facilities.

### **Extra-Curricular Clubs**

#### **Physical Education and Dance Clubs**

Please click the link to the [Spring Term 1 Clubs and Fixtures Timetable](#).

Please note that no clubs will run on the below dates due to staff meetings/events

- Wednesday 14 January
- Thursday 22 January
- Monday 9 February

### **Non-Sports Clubs**

Please find the [Non-Sports Clubs](#). If you have any questions, please get in touch with the member of staff running the club.

Drama club takes place on Wednesdays from 3:15 – 4pm. Everyone is welcome to attend we will begin to plan a summer showcase event.

Please note, there will be no Drama club on the below dates.

14 January  
4 February  
25 February

### **VACANCIES AT WORTHING HIGH SCHOOL**

We advertise staff vacancies on our website under [Join Us/Vacancies](#). Please take the time to have a look and share the information with anybody you know who might be interested in applying.

We are currently advertising for the following positions:

#### **Teaching**

*No current vacancies*

#### **Non-Teaching**

*No current vacancies*

### **SOCIAL MEDIA**

For up-to-date information don't forget to follow us on the links below:

#### **Instagram**

Whole School: [worthinghighschool](#)  
IT: [worthinghigh\\_it](#)  
PE: [worthinghigh\\_pe](#)  
FOWHS: [friendsofworthinghighschool](#)

#### **Twitter**

Whole School: [@WorthingHigh](#)  
Headteacher: [@WorthingHigh\\_ht](#)  
South Downs Education Trust: [@sdetrust](#)  
Trips: [@worthinghighout](#)  
Worthing High Careers and Employability Service: [@WorthingHighCar](#)  
Lettings: [@HighLettings](#)