



## SCHOOL NEWS 06 MARCH 2025

Dear Parents and Carers,

As you will be well aware we had our Ofsted Section 8 Ungraded inspection this week (nearly five years to the day since our last inspection in March 2020 before the pandemic), and I just wanted to personally thank you our Parents and Carers, our amazing students and obviously our staff, Mr Cook and SLT team for all their hard work.

On behalf of the Governors and Trustees, we are exceptionally proud of how our students have conducted themselves, which our Ofsted visitors were really impressed by.

Pan Panayiotou  
Executive Headteacher  
CEO of South Down Education Trust

Now that the inspection is complete, I would like to express my gratitude to all of our staff and students for representing the school so well and, as always, upholding our core values. A big thank you also goes to our parents and carers for their supportive words and overwhelmingly positive feedback on Parent View. While we cannot share specific feedback at this time, parents and carers will be updated once the report is published. What I can share is that the inspectors had an extremely positive view of the school.

Despite our unexpected visitors, it has still been business as usual in school, with lots to celebrate. Firstly, well done to our female student leader group who have delivered an assembly to all year groups which highlighted and celebrated International Women's Day, which is on Saturday. Secondly, we have been celebrating World Book Day, which is today, all week, with a number of activities going on in school to emphasise the joy of books and the pleasure that is found in reading. Huge thanks to Chris Regan who hosted our annual author talk. The students really valued this and were inspired by his words.

Finally, good luck to all of the Year 11 students who will be taking GCSE food exams next week, we have every confidence in you and know your hard work will pay off.

Adrian Cook  
Head of School

### **London Philharmonic Orchestra Junior Artists – Applications are now open**


Please see the attached Flyer for the LPO Junior Artists.

### **#NeuroNinja – Action Your Potential**

As you know we're a #NeuroNinja school and our whole community benefits from support through [Action Your Potential](#). This term they are running a series of webinars, details are below, please sign up at the link

***Building Amazing Brains Webinars Coming in March***

# Building Amazing Brains



In these webinars Andrew Wright from [Action Your Potential](#) will offer all of our wonderful parents and carers a window on the world of the developing human brain. Being a parent is the toughest job in the world. The aim of these webinars is to help parents and carers to explore:

- 6<sup>th</sup> March - How Our Brains Are Set Up
- 13<sup>th</sup> March - Resilience and Regulation, How A Brain Learns To Soothe Itself
- 20<sup>th</sup> March - Parenting Style v Brain Development - What We Know
- 27<sup>th</sup> March - Be a #NeuroNinja Parent



\* Thursday's at 8pm - 45 mins + 15 mins Q&A

[Sign up here for the whole series](#)

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*How our brain is set-up*

*The neuroscience of brain development*

*How to help their child to be resilient*

*How we can help our child first co-regulate and then self-regulate*

*How to parent for the long-term (for our child aged 40!!!)*

*How our own experiences as a child impact our parenting style*

The webinars will each run on a Thursday through March.

[A poster to sign up to the webinars is here.](#)

[Zoom link to sign up for whole series is here.](#)

[Here's a video from Andrew at AYP explaining what we'll be looking at in this series.](#)

***Thursday 6 March 8pm (45 mins with 15 mins for Q&A)***

Building Amazing Brains: How Our Brains Are Set Up

***Thursday 13 March 8pm (45 mins with 15 mins for Q&A)***

Building Amazing Brains: Resilience and Regulation, How A Brain Learns to Soothe Itself

***Thursday 20 March 8pm (45 mins with 15 mins for Q&A)***

Building Amazing Brains: Parenting Style v Brain Development What We Know

***Thursday 27 March 8pm (45 mins with 15 mins for Q&A)***

Building Amazing Brains: Be a #NeuroNinja Parent

You also have access to the #NeuroNinja Learning Hub, [you can sign up here](#). This month the following new courses have been added.

*Unpicking the Lock of OCD - A 7 Session Course about what OCD is in the brain and how we can tackle it*

*Responding to Grief - An 8 Session course focused on what grief is in the brain and how we can respond to this intense experience*

*Getting Our Hustle On - A 7-episode course for KS4 students focused on getting stuff done and tackling procrastination.*

A video explaining the [contents of these new courses is here](#).

### **Physical Education**

#### **REF: Physical Education and Dance Clubs**

Please click the link to the [Spring Term 2 Clubs Timetable](#).

### **Non-Sports Clubs**

Please find the [Non Sports Clubs](#). If you have any questions, please get in touch with the member of staff running the club.

### **VACANCIES AT WORTHING HIGH SCHOOL**

We advertise staff vacancies on our website under [Join Us/Vacancies](#). Please take the time to have a look and share the information with anybody you know who might be interested in applying.

We are currently advertising for the following positions:

#### **Teaching**

*SEND Teacher*

#### **Non-Teaching**

*Higher Level Teaching Assistant*

### **TWITTER**

For up-to-date information don't forget to follow us on the links below:

Whole School: @WorthingHigh

Headteacher: @WorthingHigh\_ht

South Downs Education Trust: @sdetrust

Trips: @worthinghighout

Worthing High Careers and Employability Service: @WorthingHighCar

Lettings: @HighLettings

**DATES FOR YOUR DIARY**

Year 11 ARE	20/03/2025
Last Day of Term – 12:30 Finish	04/04/2025
Easter Break	07/04/2025 – 21/04/2025

**INSET Days for Academic Year 2024-25.**

**The school will be closed to students on these days:**

Friday 20/06/2025

Monday 21/07/2025

Tuesday 22/07/2025