

SCHOOL NEWS 18 APRIL 2024

Dear Parents and Carers,

Welcome back to the Summer Term, I hope you have enjoyed the Easter break and students return rested and ready for another busy term. This is such a busy term and I hope that your child makes full use of all the incredible extra curricular opportunities we have on offer.

Students have returned to school positively and have had an excellent first week back. For our Year 11's, they are just 16 days from their GCSEs and a number of Non-Examined Assessments, speaking exams and coursework modules have already been completed – these all count towards their final grades and we are very proud of the approach our students have taken. This is an incredibly stressful time and we fully appreciate the challenges they will face, but recognise how hard they have worked to reach this point.

If you or your child have any concerns, please contact either Mr Mashford, Year 11 Progress Leader, or Miss Gordon, Year 11 Pastoral Leader, in the first instance.

To help them prepare as best they can, we also strongly urge them to attend Period 0/6 interventions – these sessions will have an impact, even with such a short amount of time left in school.

We wish them all the very best in their revision preparations and as they embark on their GCSEs. Thank you to all of our Year 11 students and staff for their and your continued support.

Pan Panayiotou Executive Headteacher CEO South Downs Education Trust

Year 11 exams and study leave

Written examinations will begin on Thursday 9 May; we are therefore starting study leave the following week from Monday 13 May. From this point Year 11s only need to come in for examinations. Their leavers assembly will take place from 11:30am on 10 May, after which they will be dismissed to go home.

Students should still come to school in full uniform and must be punctual. Before some exams, there will be revision sessions and information about these will be shared on Google Classroom.

There will be a staffed study room available for year 11, should they need a quiet place to study. The location of this room will also be shared via Google classroom.

Thought-Full Coffee afternoon

As part of our ongoing provision for positive mental well-being we will be hosting a coffee afternoon on Thursday 25 April at 4pm, where parents/carers can come and have an

informal chat with members of the Thought-Full Mental Health team. Thought-Full are a team that support schools aspects of all mental health and emotional well-being.

The coffee event will be hosted at the Glynn Owen Centre and you will be able to get help, advice for your child on any of the issues listed below:

- **Sleep difficulties** related to poor sleep routine, behavioural problems, anxiety-based night-time avoidance behaviours, or problematic thoughts or worries at night
 - **Poor eating patterns or diet** affected by and/or affecting mood (Not eating disorders)
 - Low mood, depression and low self-esteem
 - Anxiety difficulties including phobias (e.g. animals, vomit, agoraphobia etc.), separation anxiety, social anxiety, school avoidance and excessive worry (Not Obsessive Compulsive Disorder or Post-Traumatic Stress Disorder)

For more information, please see the attached leaflet and if you are interested in attending then please click on the following link to express your interest:

https://forms.gle/RzmxYDFpAdn4c7NHA

ECO sessions in Worthing

EYE Project are holding youth session at CREW in Worthing, it will be a chance for young people to get together with other like-minded people who care about the future of the planet.

They will have art/craft activities, visits from organisations, mindfulness techniques, film nights etc etc (as well as free snacks!) **Please see the attached flyer for further information.**

Absence for Medical Appointments and Early leave Requests.

Can we please remind parents/carers that we need to be made aware of medical appointments or early leave requests prior to the day where possible. You can leave a message on the absence line. 01903 229 290 or email <u>office@worthinghigh.net</u>

Physical Education

Club and Fixture timetable for Summer Term 1 clubs

Summer Term 1 clubs click here.

Please note Basketball club will start Friday 19th April

The weekly newsflash can be found here <u>click here</u> and will be updated every Friday by 1pm.

Marie Field Leader of PE

Forthcoming Subject and Academic Review Evenings are as follows:

Subject Review Evenings (SRE)	Date
SRE Yr8 - Face to face	02/05/2024

Academic Review Evenings (ARE) - all virtual	Date
ARE Yr9	20/06/2024
ARE Yr10	04/07/2024

VACANCIES AT WORTHING HIGH SCHOOL

We advertise staff vacancies on our website under <u>Join Us/Vacancies</u>. Please take the time to have a look and share the information with anybody you know who might be interested in applying.

We are currently advertising for the following positions:

<u>Teaching</u> Subject Leader Maths Maths Teacher

Non-Teaching

Exam Invigilators

<u>TWITTER</u>

For up-to-date information don't forget to follow us on the links below:

Whole School: @WorthingHigh Headteacher: @WorthingHigh_ht South Downs Education Trust: @sdetrust Trips: @worthinghighout Worthing High Careers and Employability Service: @WorthingHighCar Lettings: @HighLettings

DATES FOR YOUR DIARY

Thursday 18 April – Year 11 Virtual ARE evening Wednesday 1 May – Year 9 Teen Booster immunisations Thursday 2 May – 13:30 finish for students (Year 8 SRE) – further information will go out shortly. Monday 6 May – Bank Holiday (the school will be closed) Wednesday 8 May – Year 11 Photos

INSET Days for Academic Year 2023-24.

The school will be closed to students on these days:

Wednesday 19/06/2024 - INSET day Monday 22/07/2024 - INSET day Tuesday 23/07/2024 - INSET day