



SCHOOL NEWS 29 FEBRUARY 2024

Dear Parents and Carers,

As year 11 come to an end of their second set of mock exams, I would like to congratulate them for their conduct, attitude and efforts; all of which have been exemplary. It is important they have a good rest this weekend, and return recharged and ready to go again as they approach their final summer exams. Period 0 and 6 intervention sessions will run again straight away and we strongly recommend students get back into good habits straight away, by attending these sessions.

On Tuesday we had our second focus day of the year and I would like to take the opportunity to thank the following locality businesses, companies and organisations.

Mrs Angela Tanner, Bennett Griffin LLP Solicitors, Bluecrest Health, British Airways PLC, Carpenter Box Ltd, Coastal Coaching Sussex Ltd, Edgcombe Tea & Coffee Co Ltd, Flux Piercing Ltd, Grace Eyre Foundation, GSK Plc, HMRC, Jackson Civil Engineering Ltd, Mr Keith Sunderland, Rossetts Mercedes Ltd, SJM Electrical Services Ltd, South Downs Leisure, University Hospitals Sussex, West Sussex Careers Hub.

All of them sent representatives to interview our year 10 students to explore their passions and aspirations when they finish school. Their professional insight gave students an invaluable experience as they start to think about their next steps after year 11 and ways they can develop their own skill set to broaden their options in school and beyond. I would also like to thank the following colleges who came in to talk to students about post-16 options.

Collyers College, Northbrook/Worthing Colleges, Chichester/Brinsbury College, BHASVIC

On an already busy day, we were also proud to welcome back over 30 former students, who delivered presentations to our Year 9 students about their experiences post 16 and in the world of work. There was a huge variety of professions and specialisms reflected in this group and students were amazed at some of their experiences.

We are continually trying to grow our alumni and links with businesses. Please email office@worthinghigh.net if you are a former student who would like to support the school. If you represent a local business and can support, please email mfisher@worthinghigh.net.

Adrian Cook
Head of School

PSHE

As part of your child's Personal Development, they cover Health and Wellbeing, Relationship and Sex Education (RSE) and Living in the Wider World within their PSHE lessons. This half term, students across the school will be covering the below topics:

| Year 7 | Year 8 | Year 9 | Year 10 | Year 11 |
|---------------------------|----------------------------|---------------------|--------------------------|---------------|
| Child Sexual exploitation | FGM | Consent and the law | Public Sexual Harassment | Mock Revision |
| Well-being | Homophobia and Transphobia | Contraception | Gender and Sexuality | Pay Day loans |

If you have any questions about what is covered in PSHE lessons, please contact your child's Pastoral Leader. This website also gives information about how to have challenging conversations with young people: <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>

H Schuler
Teacher of Science and Leader of PSHE

International Women's Day - #inspireinclusion – Friday 8 March

This year we are celebrating International Women's Day on Friday 8 March by raising awareness of the characteristics of a leader. Often when asked to think of a leader, we picture someone who is competitive, outgoing and who tells others what to do – but this represents a narrow definition of leadership and often aren't traits that girls identify in themselves. During Tutor time on the 8th of March, we will be celebrating all leadership traits and encouraging others to recognise these qualities. Lean in Girls, who have partnered with International Women's Day this year, have written the below article on how adults can lift girls up as leaders, if you would like to continue the conversation at home, please use the below link.

<https://www.leaninggirls.org/articles/inspireinclusion-5-ways-all-adults-can-lift-girls-up-as-leaders>

#NeuroNinja Parent Partnership Programme 2024

As you know as a school community, we work with Action Your Potential (AYP) to support our students, parents and carers and staff to build the metacognitive skills of becoming a **#NeuroNinja**. A **#NeuroNinja** is someone who understands how their brain works. Webinars by AYP run from 8pm until 9pm and details of upcoming courses can be found below:

Monday Webinars running on 4th, 11th, 18th and 26th March at 8pm

A step-by-step guide to helping your child tackle anxiety and build resilience.

[A video overview of the course from Andrew is here.](#)

[Sign up here](#) on Zoom.

Wednesday Webinars running on 6th, 13th, 20th and 27th March at 8pm

How to unleash the incredible power of your parenting to support your child every day. We will focus on every tiny thing we can do as parents and carers in a 24-hour period we can do to support our child to build the best brain for their future.

[A video overview of the course from Andrew is here.](#)

[Sign up here](#) on Zoom.

How Can I Help My Shutdown Child Return to Balance Everyday

In this course Andrew will walk through the daily processes to support parents and carers of neurally diverse children to return to balance after burnout, stress or trauma. To sign up to receive this course when it is published during the week of [26 March click here](#).

[A video overview of the course from Andrew is here](#).

Year 11 - College Open Events

If you are still interested in looking at additional Post 16 options or have not yet had the opportunity to look around any colleges that you may have applied for, the following have upcoming Open Events. Booking will be essential for all of these, so please click on the link below which will take to our website which has all the links for the colleges mentioned below.

<https://www.worthinghigh.net/attachments/download.asp?file=1911&type=pdf>

Northbrook College – Tuesday 5 March 2024

Chichester College – Thursday 7 March 2024

Brinsbury College – Saturday 9 March 2024.

Plumpton College – Saturday 16 March 2024

Worthing College - Monday 18 March 2024

Young Writer's Competition winners

We would like to congratulate our Year 9 students who entered the *Young Writer's 'This is Me,'* Poetry competition in October 2023. Students were invited to express their identity in the poetic form and our year 9 students took inspiration from the *Words That Burn* unit which they were studying in English to produce some inspiring poetry. We are very proud to announce that Penelope Read, Soraiya Mustafa, Daniel Clayson, Ayan Szekely-Maier, Lillie Ferris, Charlie North, Stanley Fisher and Arlo Holme were chosen to be published in the *Young Writer's This is Me* Anthology, which has been delivered to school this week and our copy is available in the library for all to read!

Additionally, we would like to congratulate year 7, 8 and 10 students who entered the *Young Writer's 'The Glitch,'* creative writing competition in December 2023. The Glitch invited students to write a mini saga (a story told in up to 100 words) inspired by a glitch. We are very proud to announce that that Alexia Panadero, Alyssa Dann, Maxwell Stedman, Sofia Hall, Imogen Hardy, Amelia Anderson, Arthur Strutt, Ava Carter, Chiara Gates, Dylan Mason, Holly Ewens, Oliver Parker, Varoshan Balakumar, Harrison Wells and Myles Dutfield have been chosen to be published in the next *Young Writer's Anthology*, demonstrating their creative ability to use language and structure to compose a successful mini saga. We look forward to the anthology being published and reading our copy which will also be available in the library for all to read!

These are amazing achievements and a huge well done to all those involved. Our next competition is called 'Mission Catastrophe' and we cannot wait to see how imaginative you can be!

Year 7 & 8 Author talk

On Tuesday 5 March, Year 7 & 8 students will have a visit from the fantastic Chris Bradford, author of the *Young Samurai, Bodyguard and Soul Hunters* series, and many more! Please see the attached letter for more information and details of how to order his books in advance.

World Book Day

Thursday 7 March is World Book Day and to celebrate we are running another 'Bookmaster' week full of book related activities and challenges for students to complete in Registration each day. All students will also be given a World Book Day token, which can be used in most bookshops and supermarkets for £1 off books over £3.99 or exchanged for one of the special World Book Day books for free. For information about this year's £1 titles, please visit <https://www.worldbookday.com/books-and-tokens/books/>

Kidical Mass Cycle Rise – Saturday 20 April 2024

Kidical Mass is a worldwide movement where cyclists from 0-99 years old take over the streets to reclaim the roads in colorful bicycle demonstrations. For more information <https://kidsonbike.org/>

This idea originally began with the desire to see secondary school children being able to cycle independently. **Please see the attached leaflet.**

Quiz Night- Friday 17 May Quiz Night

Hot food, drinks on ice and the chance to be crowned WHS champions at the Friends of Worthing High School's Quiz Night on Friday 17 May. Details on securing your quiz team's table will be sent after half term.

Physical Education

Please be aware all clubs in the MH or Sports hall (Badminton, Table Tennis and basketball) will start back Monday 4 March due to Year 11 mock examinations.

Congratulations

Christ Hospital Cross Country success

Well done to all students who competed in the Christ Hospital competition on Tuesday. Some fantastic efforts by all our students. Well done to Elise finishing 4th, Jacob 45th, Masie 46th, and Jimmy and Izsak in the top 60 who all took part in the competition.

Elise Year 8 Cross Country Success

Congratulations to Elise in Year 8 who last term won the Worthing Schools cross country race for years 8/9. Elise came 5th at Waterhall in Brighton in the Sussex Schools cross country championships and finished 15th and 3rd in Sussex which qualified her to represent Sussex in the national race and compete in the English school's Cross-country event. We wish Elise all the best for the English Schools Cross Country Championships, at Pontefract racecourse on Saturday 16th March 2024 and for the U13G Inter-Countries Final Selection in Nottingham on the Saturday 9th March.

Amelie Year 10 Gymnastics Success

Congratulations to Amelie who competed in the Welsh Championships this month in Cardiff. Amelie finished an amazing 6th whilst competing with both back and wrist injuries, displaying absolute commitment and resilience. This weekend Amelie is competing in Telford for The English Championships & in a few weeks for The British Championships.

Silvana Year 11 Lionesses Football Success

Silvana has been competing with the England Women's Under 16 Squad in the UEFA Women's development Tournament in Turkey all week.

This is an honour for all students to not only represent their school but also their county and or country which is an outstanding achievement. We are so proud of all students and wish them luck in their forthcoming competitions.

Club and Fixture timetable for Spring Term 2 clubs

Spring Term 2 clubs [click here](#).

The weekly newsflash can be found here [click here](#) and will be updated every Friday by 1pm.

Marie Field
Leader of PE

Forthcoming Subject and Academic Review Evenings are as follows:

| Subject Review Evenings (SRE) | Date |
|--------------------------------------|-------------|
| SRE Yr8 - Face to face | 02/05/2024 |
| SRE Yr7 - Face to face | 21/03/2024 |

| Academic Review Evenings (ARE) - all virtual | Date |
|---|-------------|
| ARE Yr11 | 18/04/2024 |
| ARE Yr9 | 20/06/2024 |
| ARE Yr10 | 04/07/2024 |

VACANCIES AT WORTHING HIGH SCHOOL

We advertise staff vacancies on our website under [Join Us/Vacancies](#). Please take the time to have a look and share the information with anybody you know who might be interested in applying.

We are currently advertising for the following positions:

Teaching

English Teacher - Worthing High School

KS1 and EYFS or KS2 Teacher – Clapham and Patching CofE Primary School

Non-Teaching

Exam Invigilators

TWITTER

For up-to-date information don't forget to follow us on the links below:

Whole School: @WorthingHigh

Headteacher: @WorthingHigh_ht

South Downs Education Trust: @sdetrust

Trips: @worthinghighout

Worthing High Careers and Employability Service: @WorthingHighCar

Lettings: @HighLettings

DATES FOR YOUR DIARY

Thursday 21 March – Year 7 Subject Review Evening – further information will go out shortly.

Thursday 21 March – **Early Finish, students leave at 13:30**

Thursday 28 March - last day of Spring term **student leave at normal time.**

Friday 29 March – 12 April inclusive - Easter Holidays

Monday 15 April – whole school returns after Easter break. **Students to start at 10.40am**

Thursday 18 April – Year 11 Virtual ARE evening – further information will go out shortly.

INSET Days for Academic Year 2023-24.

The school will be closed to students on these days:

Wednesday 19/06/2024 - INSET day

Monday 22/07/2024 - INSET day

Tuesday 23/07/2024 - INSET day