

SCHOOL NEWS 01 FEBRUARY 2024

Dear Parents and Carers

As we approach the end of term, I am pleased to share that this academic year there have been well over 12,000 positive signatures recorded on consequence cards. This reflects a collective effort from all of our students to embody the Worthing Way and demonstrate our core values: community, excellence, integrity resilience and respect. Next week we will continue acknowledging the positive contributions of students through our rewards breakfasts. If your child has been invited to one, please do congratulate them. This invite has come off the back of excellent attendance and hard work in lessons.

A reminder that next Thursday is our Year 10 Subject Review Evening, where parents and carers will have the opportunity to come into school and meet with teachers to discuss their child's progress and areas to develop. If you have not yet booked your appointments, we strongly encourage you to do so. If you need any support making appointments, please email jkeys@worthinghigh.net.

Finally, when we return after half term, year 11 students will begin their second set of mock examinations. Expectations around uniform, attendance and punctuality are exactly the same and Year 11s should arrive at school in full school uniform at the normal time. Where a student does not have an exam in the afternoon, they will be permitted to leave school after they have completed their 11:30am exam. Students have received their timetables and final preparations are ongoing as we go into the final week of term. Good luck to everyone!

Adrian Cook Head of School

As we enter the next phase of the academic year, we want to share important information regarding the upcoming mock exams and highlight the significance of preparation and resilience.

The mock exams start on the 19 of February and serve as a final rehearsal for our students, allowing them to familiarize themselves with the examination environment and assess their understanding of the subjects. We kindly urge you to encourage your children to dedicate sufficient time to revise in the weeks leading up to the mocks. Establishing a well-structured study routine, creating a quiet study space, and setting realistic goals can significantly contribute to their success.

Exams can be a stressful time for students, and it's essential to instil a sense of resilience in them. Remind your children that setbacks are a natural part of the learning process, and the mock exams provide an opportunity for growth and improvement. Encourage a positive mindset and emphasize the importance of staying focused on the learning journey rather than just the results.

Worthing High School is committed to the well-being and success of every student. Our dedicated pastoral office is available to provide additional support during this challenging period. If your child is feeling overwhelmed or needs guidance on managing stress, please don't hesitate to reach out to Mrs Gordon — tgordon@worthinghigh.net or myself rmashford@worthinghigh.net

Your support plays a crucial role in your child's success. Please engage in conversations with them about their revision strategies, offer words of encouragement, and maintain open communication.

By working together, we can create a supportive environment that fosters academic achievement and personal growth.

Thank you for your ongoing support and commitment to the success of our students. We believe that with your encouragement, their hard work, and our collaborative efforts, they will face the upcoming challenges with confidence and resilience.

If you have any concerns or questions, please do not hesitate to contact us. We are here to support you and your children on their educational journey.

Regards

Mr Mashford and the Year 11 Team

Homework Trial for Year 7

Year 7 students, parents/carers and teachers will be taking part in a trial of a new homework platform called **Class Charts**. This allows students to better plan their homework, with an easily accessible calendar along with an app that students and parents can download. We also hope that Class Charts will provide parents and carers with more information about the homework being set so that you can better support your child, should they need it. Year 7 Parents should look out for an access code that will be sent out shortly via email, to allow you to log in. The trial takes place next half term and we will let you know the results in due course.

Parental online safety information:

The link below will support you in ensuring your child stays safe online and you are knowledgeable of some of the risks young people face when online:

https://safeguarding.thekeysupport.com/parent-online-safety-zone/?org=33687dcf-ebef-4d35-aa9a-2feb601cd46d

Children's Mental Health Week 5-11 February

Leading up to Children's Mental Health Week (5-11 February) the school will be running assemblies sharing information regarding the initiative Here 4 You (www.here4you.co.uk). If you feel your child needs support, please liaise with your child's pastoral leader or for immediate mental health support please go to www.here4you.co.uk/immediate-support/

Non-uniform day 9 February - West Sussex Mind

Friday 9 February will be a non-uniform day for students. As it falls into Children's Mental Health week, our charity reps have chosen to raise money for West Sussex Mind. If your child wants to attend in non-uniform on the 9 of February, we ask for a donation of £1, which can be paid on the day or in the week leading up to the non-uniform day. Children can bring the money into school and give it to their form tutor, or it can be paid through Wisepay. *Please see the attached letter for more information*.

New Generation Juice

We are excited to launch our new generation juice facility in the school. Students have had an assembly this week explaining how and where to buy tokens and when they can use the new juice machine.

https://docs.google.com/document/d/13dRf3UFHzjI7DR5weW5dDAYi1gjQK0QQ/edit?usp=sharing&ouid=116728131409764280350&rtpof=true&sd=true.

Personal Development

As part of your child's Personal Development, they cover Health and Wellbeing, Relationship and Sex Education (RSE) and Living in the Wider World within their PSHE lessons. This half term, students across the school will be covering the below topics:

Year 7	Year 8	Year 9	Year 10	Year 11
Anxiety, worry	County Lines	Male body Image	Online and	Stalking
and Depression			Personal	
			Branding	
Emotional	Knife Crime	Self-Harm	Savings and	Vaping
literacy and self-			Loans	
awareness				
Child Criminal	Racism	Consent and the	Online Fraud	Independent
Exploitation		Law		Living

If you have any questions about what is covered in PSHE lessons, please contact your child's Pastoral Leader. This website also gives support on how to have challenging conversations with young people: https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/

Donate Uniform

If you have any unwanted uniform that you would be willing to donate to our FOWHS please can you drop to Student Services. All proceeds from second hand uniform is used to support other families in need.

Thank you Mr N Mariosa

Information below from WSCC

Promoting Tax Free Childcare to parents and carers

Please <u>click here</u> for further information

Message below from Sussex Partnership NHS Foundation Trust

We have mental health workshops, all led by experienced CAMHS clinicians or partner organisations will take place virtually until July 2024. Please <u>click here</u> for further information

QUIZ NIGHT- Friday 17 May Quiz Night

Hot food, drinks on ice and the chance to be crowned WHS champions at the Friends of Worthing High School's Quiz Night on Friday 17 May. Details on securing your quiz team's table will be sent after half term.

PHYSICAL EDUCATION

Early notice: All clubs are cancelled on Monday 5 February due to department meetings. Apologies for any inconvenience caused.

Club and Fixture timetable for Spring Term 1 clubs

Spring Term 1 clubs click here.

The weekly newsflash can be found here <u>click here</u> and will be updated every Friday by 1pm.

Marie Field Leader of PE

Forthcoming Subject and Academic Review Evenings are as follows:

Subject Review Evenings (SRE)	Date
SRE Yr10 - Face to face	08/02/2024
SRE Yr8 - Face to face	02/05/2024
SRE Yr7 - Face to face	21/03/2024

Academic Review Evenings (ARE) - all virtual	Date
ARE Yr11	18/04/2024
ARE Yr9	20/06/2024
ARE Yr10	04/07/2024

VACANCIES AT WORTHING HIGH SCHOOL

We advertise staff vacancies on our website under <u>Join Us/Vacancies</u>. Please take the time to have a look and share the information with anybody you know who might be interested in applying.

We are currently advertising for the following positions:

Teaching

English Teacher

Non-Teaching

Pastoral Leader Behaviour Support Officer (Maternity Cover) Cover Supervisor/ Trainee Teacher Higher Level Teaching Assistant – EBSA Therapeutic Behaviour Support Assistant Exam Invigilators

TWITTER

For up-to-date information don't forget to follow us on the links below:

Whole School: @WorthingHigh Headteacher: @WorthingHigh_ht

South Downs Education Trust: @sdetrust

Trips: @worthinghighout

Worthing High Careers and Employability Service: @WorthingHighCar

Lettings: @HighLettings

DATES FOR YOUR DIARY

Tuesday 6 February 2024 – Parent Forum – Please note change of Date Thursday 8 February 2024 – Students finish at 1.30pm Thursday 8 February 2024 – Year 10 Subject Review Evening Friday 9 February 2024 – Last day of term Monday 12 to Friday 16 February 2024 inclusive – Half Term

INSET Days for Academic Year 2023-24.

The school will be closed to students on these days:

Wednesday 19/06/2024 - INSET day Monday 22/07/2024 - INSET day Tuesday 23/07/2024 - INSET day