



## **SCHOOL NEWS 14 SEPTEMBER 2023**

Dear parents and carers

A huge thank you to all of our year groups on how well they have integrated back into school after the first full week.

With our busy return to school, we should not lose sight of the horrific international disasters that have hit Morocco with the earthquake and the floods in Libya.

Our community has been incredible in supporting charities and especially with Chestnut Tree House who we were able to raise £16,795.58, bringing the total of funds raised to over £20,000 for charities this year. We will be holding charity bake sales for both Macmillan Cancer Support Charity and the International Red Cross Appeals.

A huge thank you to you and your child for the incredible support with all our charity work, it is greatly appreciated.

Pan Panayiotou  
Executive Headteacher

This has been a really positive first week and staff across the school have been full of praise for the way students have conducted themselves in and out of lessons. It is important students keep this momentum, continue working hard, being kind and maintaining good attendance and punctuality. For this to happen it is really important that students establish good routines and habits early. To help with this, from Monday, all students will complete a daily study capture task at home. As explained in their assembly, students will know this only takes a short amount of time and will help develop excellent study routines and improve their retention of important materials. Please see below for more details. This is a compulsory task and we expect all students to spend around five minutes completing it.

The good weather means that students are able to use the field and spend their lunchtimes outside. Many of our students choose to play football outside and we encourage this as a healthy way to spend their lunch. Please could I take this opportunity to remind students that they must play sensibly and when games become too physical, we will stop them. This is to keep them safe and avoid injury.

Keeping with a sporting theme, I would like to congratulate our Year 10 Rugby team who are District champions, following their victory against Angmering School. The game had been postponed from Year 9 and there was a lot of excitement in the lead up. The school is very proud of the team and are confident they can go from strength to strength.

Finally, you will be aware that 23 September is our Open Saturday, when we welcome perspective parents to see our fantastic school. Attached to this bulletin is a flyer for the event with more information. Thank you in advance to the hundreds of students who support us on this day.

### **September 22 School closing time**

Please note school closes at normal time, 3:10pm. Please ignore any conflicting information, this has been shared in error.

### **Year 7 CATS**

Next week, between the 18 and 22 September, all year 7 students will be sitting Cognitive Abilities Tests (CATs). This is part of our induction process and are nothing for students to worry about. We use the outcomes to identify students who might need additional support and to ensure all students have accurate target grades. All tests are sat on computers and do not require any preparation. Your child's tutor will ensure students know the time and location of the tests. Students will receive further information in their assembly on Friday.

Adrian Cook  
Head of School

### **Cycle Helmets:**

**This is a reminder that if your child cycles to or from school they must be wearing a helmet. Any student without a helmet will not be allowed to cycle home until they bring their helmet in and are wearing it when they leave school. If this occurs you will receive an automated text to inform you that your child needs to bring a cycle helmet the following day. Thank you for your support in ensuring everyone stays safe.**

### **Study Capture Launch**

We're very excited to be launching Study Capture next week across all year groups. Starting from Monday 18 September, we're asking students in all Year Groups to spend 5 minutes each day recalling the Key take-aways and Keywords from each lesson. This study technique is based on scientific research and will promote the recall of information, embed knowledge from the day and give students an opportunity to reflect on their learning. This daily routine will eventually become a study habit that will support all students to improve their learning, progress, memory and achievement. Students should complete it at the same time after school each day to help them get into a good routine.

If your child finds this difficult, here are some tips to help trigger their memory:

- Complete it as soon as they get home or even before they leave school in the LRC
- Check their timetable to remind them what lessons they had
- Imagine the room they were in and where they were sitting
- Imagine the teacher and what they may have said that lesson
- Check their book if they are still stuck (as a last resort)
- Go and see their teacher or tutor if they are finding it difficult

All students who are up to date will receive a "Study Capture Merit" every week from their tutor.

### **Attendance - Medical appointments**

To maximise learning we kindly request that planned medical appointments are organised outside of school time or before 9.00 or leaving school after 13.30. We appreciate this might not always be possible, but the arrangement of these appointments will maximise your child's learning time. Please continue to notify the school of these appointments by calling 01903 229290.

### **RACE NIGHT - Thursday 19th October**

Cold drinks and an evening to try your luck at Friends of Worthing High School's Race Night. Keep the date in the diary to come and show your support for the school, whilst also having a bit of fun. More details for sign up and booking to follow.

## **PHYSICAL EDUCATION**

### **Clubs Autumn Term 1**

Clubs will be back up and running from **Wednesday 13 September**. Most clubs will run **3:15-4:15pm**; some clubs run at slightly different times, please check the New Autumn Term 1 club timetable **carefully** [click here](#). All students are welcome to attend clubs. Registers will be taken weekly therefore there is no need to sign up to a club prior to it starting. If students are attending clubs please can we remind you that they must be in their full WHS PE kit. The weekly newsflash can be found at [here](#) and will be updated every Friday by 1pm. *Please note any changes to clubs and/or fixtures will be announced on our twitter feed: @WorthingHighPE*

Marie Field  
Leader of PE

## **VACANCIES**

We advertise staff vacancies on our website under [Join Us/Vacancies](#). We are currently advertising for Learning Support Assistants and an Administration Assistant. Please take the time to have a look and share the information with anybody you know who might be interested in applying.

## **TWITTER**

For up to date information don't forget to follow us on the links below:

Whole School: @WorthingHigh

Headteacher: @WorthingHigh\_ht

South Downs Education Trust: @sdetrust

Trips: @worthinghighout

Worthing High Careers and Employability Service: @WorthingHighCar

Lettings: @HighLettings

## **DATES FOR YOUR DIARY**

Thursday 14 September – Welcome evening for year 8 parents/carers

Friday 20 October – INSET Day

October half term Monday 23 October to Friday 27 October