



SCHOOL NEWS 30 MARCH 2023

Dear Parents and Carers

Thank you to students, their families and our staff for their continued hard work and support. It has been an exhausting term, but one full of achievement and positivity. Please do read our termly newsletter, for information about the many celebrations, achievements and events that have taken place over the last term.

As many of you will be aware, negotiations between the Government and the Teaching Unions over pay and conditions have been ongoing and industrial action has provided school communities challenges over the previous weeks. There is still no conclusion to the dispute and future industrial action is a possibility. We will ensure, if this is the case, that we communicate any potential closures as early as we can. As always, we apologise in advance for any disruption and thank you for your continued understanding and kindness.

Throughout the Easter Holidays, there are numerous intervention sessions for Year 11. Those students who have been targeted have received an invite and we ask that parents/carers encourage attendance to these. We have made sessions shorter than usual, to allow students down-time and a rest. As you will know, the 17 April is an INSET day and Year 11 intervention day, for invited students. If your child has an invite to a session on this day, please do make sure they attend. Sessions are planned to support identified needs and will be hugely beneficial. If you need support encouraging your child to revise effectively at home, please see our revision guide [here](#).

Finally, there will be some changes to the Pastoral structure after the Easter break. We are pleased to announce that Mrs Baron-Frost will take on the Pastoral and Safeguarding Manager role full time, whilst Miss Guy will become the Year 8 Pastoral Leader. Mrs Baron-Frost and Miss Guy have been working together, to ensure there is a smooth transition, so information about students in the Year Group is passed over with sensitivity and an understanding of any support measures already in place. If you have any questions about this transition, please contact Mrs Baron-Frost to discuss.

We hope you enjoy the break and wish you a safe and restful holiday.

Adrian Cook
Head of School

Safeguarding Support

As we close for the Easter break, this time of year comes with a lot of fun (and chocolate!) for many families, friends and loved ones. We also appreciate that for some this may not always be the case and we want to ensure you are aware of the support networks across Sussex that you can reach out to for your child, should this be necessary.

Samaritans: 116 123. Accessible 24/7 free of charge telephone service for anyone suffering with their emotional or mental health and wish to talk it through.

SHOUT: 85358. Accessible 24/7 free of charge text service mainly for young people wanting someone to talk to without having to speak.

Mental Health Crisis Team: 0800 030 5900, or ring NHS 111 and choose option 2 to speak to someone for more immediate mental health support.

Young Minds, e-wellbeing, and NSPCC have great online resources for managing social, emotional and mental health issues, with online support and resources to use as well as signposting information to local and national networks.

Consultation on extending the school Day

The Department for Education has set out its expectation that the total hours spent in school is set at 32.5 hours per week. Our current hours total 32.08 hours, giving us a weekly shortfall of 25 minutes. This means, we need to add 5 minutes to each school day. Our priority is to make a change that positively impacts the education of our students, therefore, we are looking to extend Period 5 by five minutes.

Consultation has already taken place with staff, Governors and Trustees and it was felt this model would add most value because currently Period 5 consists of 10 minute Drop Everything and Read (DEAR) time, meaning curriculum time during this period is reduced to 50 minutes. Adding an additional 5 minutes will mean, curriculum time is increased to 55 minutes and subjects taught during Period 5 will not lose as much teaching time.

This will mean the school day will finish at 15:10 and no other timings of the day will be impacted:

8:40 – Registration/Assembly

9:00 – Period 1

10:05 – Period 2

11:05 – Break

11:25 – Period 3

12:30 – Period 4

13:30 – lunch

14:00 – end of lunch

14:05 – Period 5

15:10 – End of school day

As with any changes to the school day it is appropriate that we consult with parents and carers and we welcome any feedback or comments you may have. Please email office@worthinghigh.net by 12 May 2023, if you wish to comment or have a question.

Bedrock Learning

Since the beginning of this academic year, Worthing High School has placed vocabulary at the forefront of its focus for literacy in Key Stage 3; one of the ways we have done this is to engage our students in a literacy improvement tool called 'Bedrock Learning'. This interactive online platform introduces students to new vocabulary and concepts via a range of fiction and non-fiction texts, helps them to apply these in different contexts, and quizzes them to develop their retention of new words. Please [click here](#) for further information.

Year 11 Support/Final Day

As Year 11 approach the final stages of their studies, we will be offering a number of additional intervention sessions. These will take place during the Easter Holiday and on our intervention day on 17 April. We will be sending invites to students, parents and carers if we feel they will benefit from additional support. We also have a full programme of Period 0 and Period 6, which we will be inviting targeted students to. If your child does receive an invite we strongly urge them to attend as

these sessions will be delivered in small groups and tailored to their needs. We would appreciate parent/carers support in encouraging them to attend. If your child has not received an invite to intervention but you/they feel it would be helpful, please contact Mrs Petrie to discuss.

The Year 11 final day will be Friday 26 May. From this point onwards, students will only come into school for exams, pre-arranged revision sessions, or through prior arrangement with the inclusion department.

Non-uniform day

Friday 31 March is a non-uniform day. We are asking students to contribute to support the Disasters Emergency Committee (https://www.dec.org.uk/?gclid=CjwKCAjw_MqgBhAGEiwAnYOAer2qPx-zFYeGfDL0dwn4bdawBtSuNpnh0l3dieKwpjwphGuii_FsdxoC1hIQAvD_BwE). We recognise the severity of need millions of people are requiring following the earthquake in Turkey and Syria at the end of last half term and want to continue to show our support. Thank you for your generosity.

Thom Izod

UNIFORM DONATIONS

Friends of Worthing High would very much welcome any clean, spare, unwanted uniform. A donation box labelled Friends of Worthing High (FOWHS) uniform can be found in the entrance of student services. These items will be placed into uniform sales, dates and details of how to purchase items available will be shared with all families.

Career Share for Parents and Carers

We are delighted to be taking part in the new 'Career Share' campaign designed to encourage parents and carers across Sussex to engage with and to support schools career activities please [click here](#) for further information.

Please click on the link below to kindly complete the information survey detailing what support you may be able to help us provide. <https://forms.gle/1SfeMeZCHKNmy7dn9>

West Sussex and University of Chichester Focus Group

Parents/carers and educators needed to participate in focus groups about mental health and wellbeing of 11-25 year old LGBTQ+ young people.

West Sussex are working with the University of Chichester to help recruit parents/carers and educators of LGBTQ+ young people aged 11-25 in West Sussex to participate in focus groups about mental health and well-being. Please see the attached flyer for more information.

If you would like to participate or have any questions, please contact Dr Moitree Banerjee via M.Banerjee@chi.ac.uk.

Message from West Sussex County Council - Holiday Activity and Food (HAF) programme – Easter provision 2023

Following on from our successful Winter Holiday Activity & Food (HAF) programme we want to make sure you have all the information you need regarding our HAF Programme for eligible families ahead

of the Easter holidays. To be eligible, a child must be registered for benefits related free school meals (FSM). Click [here](#) for further information and see flyer attached

Spectators at school fixtures

After a review of our safeguarding policy and access we are not currently in a position to allow spectators to watch school fixtures. This will include students who are not in the team. We will update should anything change and will of course promote fixtures and results via social media.

Physical Education Clubs Summer Term 1

Most clubs will run 3:10-4:10pm; some clubs run at slightly different times, please check the New Summer Term 2 club timetable carefully [click here](#) which will **start Tuesday 18 April**. All students are welcome to attend clubs. Registers will be taken weekly therefore there is no need to sign up to a club prior to it starting. If students are attending clubs please can we remind you that they must be in their full WHS PE kit. We will be sharing the PE/Dance weekly newsflash which has all the clubs and fixtures on. ***Any clubs in the sports hall will not run after Thursday 11th May in that venue due to Year 11 Summer exams.*** For information regarding Summer term 1 clubs please click on link above too.

Marie Field
Leader of PE

VACANCIES AT WORTHING HIGH SCHOOL

We advertise staff vacancies on our website under [Join Us/Vacancies](#).

DATES FOR YOUR DIARY

Friday 31 March – Last day of spring term - Students will be dismissed at 12.30pm
Monday 3 April – Friday 14 April – Easter Holidays
Monday 17 April – Inset Day
Tuesday 18 April – Whole school returns after Easter Holidays

TWITTER

For up to date information don't forget to follow us on the links below:

Whole School: @WorthingHigh

Headteacher: @WorthingHigh_ht

South Downs Education Trust: @sdetrust

Trips: @worthinghighout

Worthing High Careers and Employability Service: @WorthingHighCar

Lettings: @HighLettings